## MY FATHER'S LEGACY

by Laurie Monroe Chasick

It has been a year since my father's transition. I would like to share some of the experiences with my father that facilitated my growth. He guided me to accept change, to know the balance of universal laws, and to know that what is happening "now" is exactly as it should be.

During my upbringing I was encouraged to have an attitude of self-discovery, to explore and learn from my own expenences in life. I realize now how valuable it was that my parents did not force certain belief systems on me. Because of that, I was able to learn freedom at a very young age—freedom to trust my "Self' and a knowing of that trust.

An illustration of this learned freedom is the second time my father took me gliding. I was six years old at the time and enjoyed our Saturdays when we were able to go flying. The tow plane took us up and I was fascinated by moving through the air with no engine. The sound of rushing wind touched my child s heart. I remember my father asking if I wanted to fly the glider. I eagerly accepted. As we soared through the sky, he would give me a few hints such as "bank to the right" or "up with the nose." I would quickly follow his instructions. At one point, we seemed to be gliding downward (which I understood later to be that we were losing the thermal). I remember so well. He said to me to "feel" where the plane should be and take it there. I obviously had no idea that I was searching for another thermal. He remained calm and let me figure it out for myself. Through his strength and confidence, I somehow found another thermal and we continued to soar among the clouds. I am grateful for that expenence at such a young age. It gave me a strong insight into my inner "Self'—a Knowing of the freedoms we all have.

Through Nancy's and my father's transitions, it became absolutely clear that we do indeed survive physical death. The love energy we are a part of Here goes with us There. The night before my father departed, Nancy was Here to be with him and me. She appeared as shimmering bright white lights that embraced me. I heard her say, "Everything will be all right. I love you." At this point, we had not yet received the call from the hospital, but there was an inner Knowing that my father was making the final choice, to take the ultimate Journey with his beloved Nancy.

Throughout my life, I knew that the love that existed between my father and Nancy was indestructible and eternal. As my father wrote, "Physical death has no effect upon the reality of love's existence, as such energy is neither dependent upon nor a part of time-space." I have observed this love energy throughout my life and know that it is permanent in the true sense of the word. It does not fade with physical death. It cannot be extinguished during physical life.

This was evident to me in their relationship as well as through my own experiences. It is a freedom to know that love continues to bond us, and this Knowing has transformed my life.

"Once transition is made, only the heavily addicted remain closely attached to the physical life they have just departed." My father was a pioneer in his time—a facilitator for many of us. His explorations and curiosity have paved the way for us to continue to expand our Knowns and to express what we truly are—Love. He has moved into a new dimension of work for the Institute. Our work continues to reflect his vision Here, as well as to respond to his expanded vision which is expressed to us and through us in Focus 27.

Throughout change we remember the expression of his spirit Through his love, we have gained the wisdom of balance in our being. Through his expression in doing, we are shown to be the radiant light that we are. There is nothing by chance. There is only a plan that he left us with his legacy.

Thank you, Daddy and Nancy, for your legacy—living through our work now. And thank you, Institute fnends, for your participation in helping us—as we continue to grow and unfold.

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